



## MEN ON THE MOVE 2025 INSPIRES OVER 5,000 MEN TO LEAD WITH PURPOSE!

Ibadan, Nigeria – Over 5,000 men gathered at the Jogor Event Centre on Saturday, June 7, 2025, for the highly anticipated Men on the Move conference, convened by Reverend Gbeminiyi Eboda. Themed L.E.A.D – Lead, Equip, Align, Deliver, the event delivered a powerful call to action for men to rise as transformational leaders in their homes, careers, and communities.

The one-day event featured a stellar lineup of keynote speakers including Dr. Fela Durotoye, Olumide Emmanuel, Leke Alder, and the ever-entertaining Ashiri Comedy. Conference sessions were led by seasoned professionals such as Mr. Bamiduro, Dr. Bukunmi Tavo Kolade, Pastor Seun Abimbola, Mr. Kayowa Ogunrinde, Adeolu Abayomi Akinyemi, and Dr. Emmanuel.

Attendees were deeply impacted by high-powered plenary sessions, insightful panel discussions, and focused breakout groups addressing personal development, financial intelligence, spiritual growth, and family life.

The atmosphere was further lifted by soul-stirring music and exciting raffle draws.

In his closing remarks, Rev. Gbeminiyi Eboda stated, "This is more than a conference — it's a movement.

We are raising men who are conscious of their calling, equipped for impact, and committed to delivering results that matter in eternity and on earth."

Participants were encouraged to stay connected through Men on the Move community groups and engage with post-event resources. With broad media coverage and overwhelming feedback, the event was hailed as a landmark success.

Planning has already commenced for the 2026 edition, promising to be even more impactful.





Dear men

Let's be honest — life doesn't slow down for anyone, especially not for you. You're under pressure at work, in your relationships, in your responsibilities, and yes, even spiritually. The world is changing fast, expectations are high, and the noise is loud. But now more than ever, it's time to rise, refocus, and get equipped.

Because if you want to lead well — whether in your home, your job, your community you must first lead yourself. And that requires preparation, discipline, purpose.

You weren't made to drift. You were made to stand firm, to step up, and to live with intention. So here's a call — not just to survive, but to thrive as the man you were created to be.

## 1. Equip Your Mind

You can't win the battle on the outside if you're losing it on the inside. What you think about shapes what you do. That means guarding your mind from toxic influences — whether it's endless scrolling, negative thinking, or worldly messages that tell you lies about success, masculinity, or worth.

Instead, renew your mind . Think critically. Learn constantly. Read good books. Study history. Understand people. And above all, root your identity in something greater than performance, popularity, or paycheck.

"Do not be conformed to this world, but be transformed by the renewal of your mind." -Romans 12:2

## 2. Equip Your Character

Real strength isn't about how much you can lift — it's about integrity, humility, courage, and consistency. It's doing the right thing when no one's watching. It's owning your mistakes, keeping your word, and showing up even when it's hard.

Character is built over years, but destroyed in moments. Be intentional. Surround yourself with men who will challenge and hold you accountable. Choose honor over convenience. Choose truth over comfort.

"Let us run with endurance the race that is set before us." - Hebrews 12:1

## 3. Equip Your Body

Your body is not just a machine — it's a vessel.

# **EQUIPPED!**

## Gbeminiyi Eboda, Convener, Men on The Move

How you treat it affects your energy, your focus, and your ability to lead. Eat well. Move often. Rest intentionally.

Discipline your habits, not because you're chasing perfection, but because you respect what you've been given.

Physical strength fuels mental clarity and emotional resilience. Train like a warrior, not just for looks, but for readiness.

"Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us." – Hebrews 12:1

## 4. Equip Your Spirit

Whether you believe in God or not, there's something deeper within every man — a need for meaning, direction, and connection. If you're a believer, you know that spiritual strength comes from staying close to Christ. Prayer, worship, Scripture, and fellowship aren't religious checkboxes — they're fuel for daily living.

If you're still seeking, ask questions. Dig deep. Don't settle for empty distractions. There's something greater calling you

If you're still seeking, ask questions. Dig deep. Don't settle for empty distractions. There's something greater calling you forward.

"Be strong in the Lord and in the strength of His might." – Ephesians 6:10

## 5. Equip Your Future

The best investment you can make is in yourself . Learn new skills. Build real relationships. Protect your time. Set goals that matter — not just for money or status, but for legacy. Who are you mentoring? Who's mentoring you? Where do you want to be in five years?

Don't wait for life to hand you success. Craft it. Prepare today for the battles, opportunities, responsibilities and ahead.



"The wise man builds his house on the rock... and the rain fell, and the floods came, and the winds blew and beat on that house, but it did not fall." - Matthew 7:24-25

You are not where you're meant to stay. Growth doesn't happen by accident — it happens by design.

So get clear on your purpose. Get serious about your habits. Get help when you need it. And most importantly, get equipped.

Because the world needs men who are grounded, strong, and ready — not just for the easy days, but for the ones that test everything in you.